

EMDR Basic Training Registration

Full Name	Lic & Number	Contact Email	Contact Phone

Initial	Attestations - Terms - Conditions
	I have completed an EMDR Basic Training prior to this training
	In the event the Participant requests to cancel registration, the fee will be applied as a credit towards a future training workshop hosted by the Organizer. This credit must be used within one calendar year from the date of the original training unless otherwise approved by the training provider.
	The Participant acknowledges and understands that participating in the mental health training workshop may involve certain risks. The Participant voluntarily assumes all risks associated with their participation, including but not limited to physical or emotional injury, illness, or property damage.
	In consideration of being allowed to participate in the mental health training workshop, the Participant hereby releases, waives, discharges, and holds harmless the Organizer, its officers, employees, agents, and representatives from any and all claims, liabilities, damages, demands, actions, or causes of action arising out of or related to the Participant's participation in the workshop
	I understand that unprofessional conduct creating unsafe learning environments will result in ejection from the workshop with forfeiture of registration fee.
	<p>I understand by submitting a signed registration I am obligating myself to pay the training fee of \$1500 for a licensed clinician or \$1000 for a student to Compass Solutions prior to the first day of training.</p> <p>Please indicate below how you would like to submit payment.</p>
	Venmo @jason-johnson-1050 (the last four digits of my phone are 4858)
	Check payable and mailed to Compass Solutions 1014 W. Hemingway BLVD Nampa ID 83651
	<p>Credit Card</p> <p>Name on the Card:</p> <p>Card Number:</p> <p>CVV:</p> <p>Expiration:</p> <p>Billing Zip Code:</p>

Signature (ink or digital accepted)

Date

How to prepare for EMDR Basic Training

1. Complete Registration at www.compassolutionspllc.com and ensure eligibility <https://www.emdria.org/emdr-training/eligibility-requirements-for-emdr-training/>
2. Required Reading
 1. EMDR Therapy (3rd edition) Basic Principles, Protocols & Procedures
 - a. Chapters 1-6 prior to the start of training
 - b. The remainder of the book will be required to be read prior to the completion of consultation and will be referred to as part of consultation.
3. Get a Good Night's Sleep: Make sure you are well-rested before the training to ensure you can fully engage and absorb the information.
4. Follow a Healthy Meal Plan: Eating nutritious meals will help you stay focused and energized throughout the training.
5. Stay Hydrated: Drink plenty of water to keep yourself hydrated and alert during the training sessions.
6. Practice Self-Care: Take time each night after the training to relax and engage in self-care activities.
7. Be Prepared to Follow Up with a Therapist: It's important to have a therapist or support system in place to help you process any emotions or experiences that may arise during or post training.
8. Take Notes and Ask Questions: Be prepared to take notes during the training sessions and ask any questions you may have for clarification.
9. Be Ready for Consultation: Be prepared to follow up with consultation sessions to discuss any issues or challenges that arise post-training.
10. Select a Trauma for the Practicum: Be ready to select a trauma to work on during the practicum with your partner, as this will be a key part of the training.

Required, Supplemental, and Suggested Reading

Required Reading

1. EMDR Therapy (3rd edition) Basic Principles, Protocols & Procedures
 - a. Chapters 1-6 prior to the start of training
 - b. The remainder of the book will be required to be read prior to the completion of consultation and will be referred to as part of consultation.
2. <https://www.emdria.org/wp-content/uploads/2021/05/GWT.2020.Vol .25.Issue .3.RacialTrauma.ALL .pdf>
 - a. Can be read post training and will be referred to in consultation.
3. https://www.emdria.org/wp-content/uploads/2020/04/virtual_tg_report_for_member.pdf
 - a. Can be read post training and will be referred to in consultation.

Required Post Training Supplemental Reading

1. <https://connect.springerpub.com/content/sgremdr/13/4>
2. <https://www.emdria.org/wp-content/uploads/2020/04/EMDRIADefinitionofEMDR.pdf>
3. <https://emdrfoundation.org/emdr-info/research-lists/>
4. <https://www.emdria.org/about-emdria/emdria-membership/>
5. <https://youtu.be/1Ek27CriWyM>
6. **Definition of EMDR.** <https://www.emdria.org/emdr-training/become-a-virtual-basic-trainer/emdr-international-association-definition-of-emdr/>

Suggested Post Training Reading

1. The Body Keeps the Score by Bessel van der Kolk, M.D.
2. The Boy Who Was Raised As A Dog by Bruce D. Perry, M.D., Ph.D. and Maia Szalavitz
3. When There Are No Words by Sandra L. Paulsen, Ph.D.
4. Borderline Personality Disorder and EMDR Therapy by Mosquera & Gonzalez
5. EMDR Therapy for Schizophrenia and Other Psychoses
6. EMDR Toolbox Theory and Treatment of Complex PTSD and Dissociation by Jim Knipe
7. Polyvagal Informed EMDR by Rebecca Kase
8. EMDR Therapy and Somatic Psychology by Arielle Schwartz
9. The Whole Brain Child by Daniel Siegel, M.D.

Participant Agreement for EMDR Basic Training

Welcome to the Compass Solutions EMDR Basic Training. This agreement outlines the terms and conditions under which participants agree to engage in this training. It ensures a mutual understanding of responsibilities and expectations to create a conducive learning environment.

1. Training Objectives:

- The primary objective of the EMDR Basic Training is to equip participants with foundational skills and knowledge in Eye Movement Desensitization and Reprocessing (EMDR) therapy, ensuring they can apply these techniques ethically and effectively in their professional practice.

2. Participant Requirements:

- Hold a current license to practice as a mental health professional or be enrolled in a graduate program leading to licensure.
- Provide evidence of professional liability insurance.
- Attend all training sessions and actively participate in all practical exercises and discussions.
- Complete any pre-reading, assignments, and evaluations as stipulated by the training program.
- Maintain confidentiality of all personal information shared by fellow participants during training.
- Adhere to the ethical guidelines and standards of their respective professional organizations.

3. Training Participation:

- Attendance: Full attendance is mandatory. Participants must inform the training provider in advance if they are unable to attend any part of the training. Make-up sessions may be offered at the discretion of the training provider.
- EMDR Basic Training and 10 hours of consultation are required to be completed within one year from the trainees initial start date.
- Active Engagement: Participants are expected to actively engage in all training activities, including lectures, group discussions, and supervised practice sessions.
- Respect and Professionalism: All interactions during the training should be conducted with respect and professionalism. Disruptive behavior will not be tolerated and may result in dismissal.

4. Confidentiality:

- Maintain strict confidentiality regarding any personal information or case details shared by other participants. This includes, but is not limited to, information disclosed during lecture, demonstration, practice sessions, group discussions, the online chat, and consultation.

5. Consent for Practice:

- To practice EMDR techniques in pairs or small groups. By signing this agreement, participants consent to both giving and receiving EMDR practice under supervision.
- Participants have the right to opt out of specific exercises if they feel uncomfortable but must communicate this to the trainer.

6. Use of Training Materials:

- Training materials provided during the program are for personal use only. Participants agree not to reproduce, distribute, or use these materials for commercial purposes without prior written consent from the training provider.

7. Liability:

- Training provider will not be held liable for any injury, loss, or damage to property that may occur during training. Participants are responsible for their own safety and well-being during the training.

8. Completion and Certification:

- All components of the training must be completed, including attendance, participation, and any required assignments or evaluations, to receive a certificate of completion. Certification is not guaranteed and is contingent upon the participant meeting all training requirements.

9. Fees and Refunds:

- Participants agree to pay the training fees as outlined by the training provider. Refunds will be considered on a case by case basis and typically consist of credit towards a future training.

10. Dispute Resolution:

- Any disputes arising from this agreement or participation in the training will be resolved through mediation. If mediation fails, disputes will be settled through binding arbitration.

Acknowledgment and Agreement:

By signing below, I acknowledge that I have read, understood, and agree to abide by the terms and conditions outlined in this Participant Agreement for Compass Solutions EMDR Basic Training.

Participant Print	Signature	Date
Jason P. Johnson, LCSW		
Trainer Print	Signature	Date